

Table 50	Eileen Augusti Aura Photography, Psychic Consultant, Spiritual Clairvoyant, Reiki Master Teacher and Healer, Crystal Therapy & Distance Healing - Solutions now to the blockages and problems, 99-637093
Table 51	Lectorium Rosicrucianum, Hellas School of the Golden Rosycross helps seekers form a living connection with this shining filament, Kostas Doukas And Orestes Terzides: 00-30-210-6444303, 00-357-99-545979, info@rodostavros.gr
Table 52	Best Life Co, Ltd. Sole agent of "Higher Nature", "Omega Nutrition" and "Vitacare". Distributors of natural supplements. Chrystalleni Sozou Constantopoulou, 25-365325, 99-642188, bestlife@cytanet.com.cy
Table 53	Suzanne Mitchell-Egan Arcana School of Psychic Science & Tarot card readings, 96-533134, Egypt 02019975925, spirallight6@yahoo.co.uk
Table 54	Les Naturelles Cosmetics Facials at your home and Natural cosmetics from Switzerland "ENERGETIC" magnetic jewellery for your well being. Anne Marie Michaelides 24-427148, 99-547031 maninie @cytanet.com
Table 55	GreenPharma Haris Aletras - Importer - wholesaler - distributor of natural and related products including nutritional supplements. 99-326531, 22-671539 olymp@spidernet.com.cy
Table 56	Taberco Products from Hollywood, USA. All women desire a product to enhance the look and feel of their skin. It is the most beautiful asset a woman possess. Anti-aging skin care without surgery. www.taberouk.com, Debbie 99-280842, info@taberouk.com
Table 57	Hellenic Academy of Traditional Chinese Medicine Chinese Acupuncture, Chinese Herbal Medicine, Chinese Nutrition, Tuina, Tai Ji Quan and Qi Gong. Vita Revelli and Charis Theocharous, 25-574900, 99-649514, info@tcm-edu.gr or cttheocha@dial.cylink.com.cy
Table 58	Pi Yao Feng Shui - Adonis Kostantinou. Feng Shui level C, Chinese Astrology Readings (Tza Ping). Special projects for career, academic performance, romance, and wealth. Astrological Charts. 25-820855, 99-475304, adonisconstantinou@yahoo.com
Table 59 & 60	Kids Blossom Award-winning toys and book selection that fosters diversity, wisdom & enthusiasm for learning. Elizabeth Charalambous, 25-313211, 99-670680, elizabeth@kidsblossom-edu.com, www.kidsblossom-edu.com
Table 61 & 62	Kyriakou Bookshops Books on self development, health, Reiki, Feng Shui and Astrology, best-selling fiction & non-fiction, children's books, educational materials. 25-747555, kyriakospk@webnmedia.com
Table 63	The Science of Spirituality This Yoga teaches you how to obtain true and lasting Happiness, Love, Joy, Peace and Fulfilment in modern life through a simple method of meditation. Evy Caradja, Greece 00-30-210 7483141, evycasos@otenet.gr
Table 64	Bahai Religious Faith Baha'is are interested in developing the inner strength of the individual and in promoting peaceful communities. Courses on developing your own spirituality. 25-331856, habibi@spidernet.com.cy
Table 65	Institute Of Cyberkinetics Vibrational Sound has long been known to be a potent source of healing. Alan Sales, 00-44-020-86512496 www.positivehealth.com, cyberkinetics@hotmail.com, www.healingtuningforks.com
Table 66a & b	Zitrone Natural Life - Organic Health Food Shop German origin organic, wholemeal, diabetic, gluten free food products and much more. Antonis & Christothea Antoniadis, 25-820339, 99-311032, zitrone.acha@cytanet.com.cy, www.cyprusspirit.com/zitrone
Table 67	Angels House University Angelic Reiki, Merkaba, Spiritual Awakening Festival in Greece. Paschalis Kazakopoulos & Frixos Christodoulou Master-Teachers of Spiritual Ascension (ASD) www.angelicreiki.eu, info@angelicreiki.eu
Table 68	Forever Living Products Organically grown Aloe Vera and products from the beehive. Jag and Brian are independent distributors and senior managers. 99-755966, ashbys@cytanet.com.cy, www.prosperwithflp.com
Table 69	Indian Treasures Sells wonderful clothes, furniture, ethnic pillow cases, wall hangings and jewellery. Helen, Larnaca 99-616614, info@indiantreasurescy.com, www.indiantreasurescy.com



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The Breakthrough Programme

Healing into Wholeness
By Maggie Erotokritou

Our level of consciousness determines our reality. What we hold in our consciousness, in other words what you hold in your mind, what you constantly think about and believe to be possible or not possible is what you create. If you truly believe you will be successful or will be able to achieve something, then in one way or another, your consciousness will assist you in finding a way to make it happen.

Negative and destructive patterns come from past conditioning. If there are any discordant patterns running from the past associated with low self-esteem or disempowering limitations, these will interfere with what you wish to achieve in the present moment, unless you clear these patterns out of your consciousness.

I call these the Threads of Discontent and find that most people have 7 major Threads of Discontent, in varying degrees, which are interconnected with each other and also entangled with other minor threads. These threads are associated with unfinished business from the past and could be linked to previous traumas, conditioning, fear or unsupportive influences from your environment as you were growing up or even later in life. It's time to remove those Threads of Discontent and to move on, so as to create a new reality that is more inspiring, supportive and joyful.

Examples of Threads of Discontent could be stress, panic, anger, resentment, grief, sadness, loneliness, loss, fear, lack, suppression, despair, struggle, insecurity, jealousy, judgement, feeling unloved or not good enough and many others. Releasing these threads is the first part of the Breakthrough Programme, so as to enable you to move into a clearer space where true healing can occur on whatever level is needed. Through untangling the emotional knots and clearing restrictions and limitations, you can pull out the thorns and weeds that have held you back. This process of emotional purification allows you to heal back into wholeness and into the fullness of who you truly are.

As you begin the clearing and release process, at the same time you start working with empowerment and manifestation of your desires and this leads to a new-found emotional freedom and the clearing of the veils from your consciousness. Once you are emotionally clear, and obviously this happens in stages and over a period of time, then you can align yourself with whatever it is you truly desire, from a much clearer perspective, which is no longer limited by past conditioning or other impediments.

In the first stage of the Breakthrough Programme, we work on clearing and releasing the Threads of Discontent through Rebirthing (a relaxation and breathing process), combined with Visioning and Sound Therapy using crystal bowls. Sometimes a client may already be very clear on what they need to release; at other times we discover what the present priority is through BodyTalk, an advanced system of bodymind healing.

When you release the Threads of Discontent and the barriers and limitations that previously blocked your way, you will find life flows more easily and that struggle, fear and lack are no longer a part of your vocabulary. Instead they are replaced by freedom, joy and an open awareness of the abundant field of all possibilities. When your consciousness opens and is transformed, you develop a deep trust in your own intuition and inner knowingness and also become more receptive and attuned to the guiding inspiration of the universal power that supports all life.

Maggie also offers BodyTalk consultations and teaches yoga and is the author of three books, including "Spiritual Awakenings, Glimpses into the Higher Realms."

Maggie Erotokritou
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22-494699

Saturday

Your guide to talks, presentations & workshops

Time	Aphrodite 2	Aphrodite 3	Terrace	Health Centre
12:00	Wil de Boer Traveling the Subconscious: Introduction To Regression Therapy Free Workshop	Dorothy Austin What's Happening Worldwide in the Lightworkers' Field		Barbara Davies Healing the Body with Yoga
1:00		Rose Windels I am What I Eat	Suzanne Mitchell-Egan Our Spaceship Moon	
2:00	Stephen Coburn Emotional Freedom Techniques - Where Emotional Relief Brings Physical Health	HeleniQ Argyrou The Mandala Symbol And How It Can Help Us In Life		Alexandra Ayiotou Let's Dance A introduction to the joys of Salsa (English & Greek)
3:00	Linda Leblanc Reincarnation The Evidence	Andreas Stylianou Free From Phobias NOW!!	Adonis Kostantinou Chinese Astrology (English & Russian)	
4:00	Evy Caradja The Benefits of Meditation (English & Greek)	Alan Sales Tuning Forks for Healing Therapy – Introduction to the Life Energy System	Marilena Shiamma Tantra Yoga Continnence And Transmutation of Sexual Energy Presentation (in Greek)	
5:00	Dr. Savvas Skaliontas Homeopathic Medicine	Siri Shabd Singh Health Secrets		Eliana Gilad Musical Meditation Voices of Eden
6:00	P. Kazakopoulos & F.Christodoulou Angelic Karma & DNA Release Free Workshop	Marry Panayiotidou ART-QUAKE Free Workshop		Free Workshop

Sunday

Your guide to talks, presentations & workshops

Time	Aphrodite 2	Aphrodite 3	Terrace	Health Centre
11:15	Dr. Christothea Antoniadou, PhD How To Stay Fit & Young Beginning With A Healthy Breakfast (English & Greek)	Susan Rudd Angels For Everyone Free workshop		Barbara Jones Discover the Secrets of the Crystal Singing Bowls
12:00	Adonis Kostantinou Introduction to Authentic Feng Shui Presentation (in Greek)			
1:00			HeleniQ Argyrou Earth Rhythm Mandala Interactive Presentation (English & Greek)	
2:00	Konstantin Pavlidis EPC - Evaluation Of Physical Health And Psycho-Emotional States (English & Greek)	Helen Weeks Your Hands Can Heal An Introduction to Pranic Healing	Anette Martinsen Why Are We Here On Earth?	
3:00	Stavroula Loizou Holistic Therapeutic Action of Essential Oils (in Greek)	Dr. Igor Cetojevic Beyond Expectations A new look at how to keep healthy	Orestes Terzides & A. Pangopoulou The Path Of Transfiguration	
4:00	Shraga Halpern Being A Lady, Being A Man: A New Approach Of The Enigma Of Two Genders	Suzanne Mitchell-Egan On The Trail Of The Holy Grail		
5:00	Antonis Antoniadis What I Would Do If I Had Cancer Today!	Rose Windels Rebirthing - A Way to Freedom and Relief		Marilena Shiamma Traditional Hatha Yoga And Relaxation (in Greek)
6:00	Presentation with films	Free workshop		

Presentations

Talks, workshops & classes

Saturday

Saturday, 12:00, Aphrodite 3

Dorothy Austin - What's Happening Worldwide in The Lightworkers' Field

A spiritual Journey in Australia, China, USA, UK, Skiros and Cyprus. Dorothy shares her experience of the emerging energies of the particular countries and the world's growing awareness of the need to honour the earth.

Free Workshop, Saturday, 12:00, Aphrodite 2

Wil de Boer - Traveling the Subconscious: Introduction To Regression Therapy

In regression and reincarnation therapy we use the experiences from our present life and from our previous lives to understand karmic ties with present relationships, discovering the origin behind current fears and phobias by remembering, reflecting upon and in turn releasing these debilitating feelings from the subconscious. During a regression you may explore different past lives never chronologically but always connected with a theme. What most experience in their regressions is part of their problem in their current life.

Saturday, 12:00, Terrace / Health Centre

Barbara Davies - Healing the Body with Yoga

Therapeutic yoga is a part of well-documented, successful, medically-based healing programs for heart disease, back traumas, sports injuries, repetitive muscle strain and more. Experience some of the benefits in this practical-participation program. We will use only gentle, Hatha yoga poses and some props will be available to help. Bring a mat or blanket and wear loose/flexible clothing

Saturday, 13:00, Aphrodite 3

Rose Windels - I am What I Eat

Anorexia, bulimia, obesity, chronic fatigue syndrome lack of energy...ADD and being hyper-kinetic- we read about it everyday. My food can change my attitude. Shortage in minerals, vitamins, oligo-elements, salts, etc. can make my life miserable. Doing something about it might change it drastically...
Have a question ready concerning your food it might be answered today.

Saturday, 13:00, Terrace

Suzanne Mitchell-Egan - Our Spaceship Moon.

Is the moon really a satellite orbiting around our earth or something more mysterious.
What is its origin and how old is it? Come and discover more about our enigmatic neighbour in the sky.

Saturday, 14:00 Aphrodite 3

HeleniQ Argyrou - The Mandala Symbol And How It Can Help Us In Life

Life is a mirror. What we put in is what we get out and what is out there in the world, is inside us already. Awakening this level of awareness is a powerful tool that helps us notice deep aspects of ourselves and the reality we create in the world. This is the gift of the mandala symbol. As an ancient tool of representation and meditation in Eastern and Arabian cultures, the mandala itself can elevate self-awareness and develop universal wisdom about the world, our planet and the way it works.

Saturday, 14:00, Aphrodite 2

**Stephen Coburn - Emotional Freedom Techniques -
Where Emotional Relief Brings Physical Health**

Demonstration of this system of tapping commonly known as Emotional Freedom Technique. EFT is based on the premise that unresolved emotions can compromise our potential for happiness. EFT began as an effective remedy for phobias, addictions and war trauma. War Vets were finally able to sleep at night, smokers could choose fresh air, and paralyzing phobias lost their grip...all without medication! Like to know more? Come and experience the benefits for yourselves.

Saturday, 14:00 Health Centre, English & Greek

**Alexandra Ayiotou – Let's Dance
An introduction to the joys of Salsa**

Saturday, 15:00, Aphrodite 3

Andreas Stylianou - Free From Phobias NOW!!

How Good Would Life Feel If You Were Completely Free From Your Phobias? Imagine What You Could Do, Where You Could Go, How You Could Do It. This clinic is your opportunity to say goodbye easily and permanently to your old phobic feelings of discomfort. Whether it be a phobic fear of flying, heights, public speaking, spiders, dogs, snakes, injections, dentists, combined spaces and many more help is at hand. Walk out from this presentation free from fear. Are you ready for your new life?

Saturday. 15:00, Aphrodite 2

Linda Leblanc - Reincarnation: The Evidence

This presentation on the fascinating subject of reincarnation will highlight the compelling scientific evidence and introduce her unique book and card set designed to evoke reincarnational memories. Linda Leblanc is co-author of Reincarnation Cards® - Awakening Far Memory (2007). www.reincarnationcards.com info@reincarnationcards.com

Saturday 15.00, Terrace / Health Centre – English with Russian

Adonis Kostantinou – Introduction to Tza Ping Chinese Astrology.

Tza Ping Chinese Astrology is classified as classic Chinese Astrology is based on Four Pillar Analysis and the interpretation, interaction and combinations of the Five Elements. This is a powerful system of divination.

Saturday, 16:00, Terrace/Health Centre

Marilena Shiamma -- Tantra Yoga - Continnence And Transmutation of Sexual Energy

Saturday, 16:00, Aphrodite 2, English & Greek

Evy Caradja - Benefits of Meditation

Evy Caradja was born of Greek parents and grew up in Egypt. She is an Artist Painter with a diploma from Dauville and a Ballet Professor. Practising this simple method of Meditation for 35 years completely changed her way of looking at life; she found peace and happiness within herself.

Saturday. 16:00, Aphrodite 3

Alan Sales - Tuning Forks for Healing Therapy - Introduction to the Life Energy System

The human body is sustained by life force energy. This energy which has electro-magnetic characteristics travels through Meridian pathways inside the physical elements of the body and feeds all the main organs, glands and ultimately every muscle, nerve, tissue and cell. Tuning Fork Sound Therapy can enhance the ability to heal and make profound changes in the energy levels of the body using sound.

Free workshop - Saturday, 17:00, Aphrodite 3

Siri Shabd Singh - Health Secrets

Although it seems the norm to suffer from cancer, high blood pressure, diabetes, asthma and Alzheimer sooner or later, there are ways to look after ourselves to prevent these risks. We will be looking at the various affordable options that keep our immune system strong so no disease can settle.

Saturday, 17:00, Aphrodite 2 (Greek)

Dr. Savvas Skaliontas - Homeopathic Medicine

Free Workshop - Saturday, 17:00, Health Centre

Eliana Gilad - Release Your Stress – Improve Your Results - Music Meditation – Voices of Eden

Dip into the deep pool of your soul, and join with others from around the world who will be doing the same. Liberate yourself from the inner conflicts that keep you from living in peace with yourself, your neighbours, your enemies, and your loved ones. Experience the five elements of Voices of Eden healing music, a combination of simple and effective tools for remaining calm during situations of conflict that are drawn from ancient sources

Free Workshop - Saturday, 18:00, Aphrodite 3

Marry Panayiotidou – Art-Quake

Art is creative energy and energy is life. Through creative inspiration we connect with the depth of the soul. This experimental workshop is about true identity, Archetypes and Symbolism. It is about awareness beyond the ego, to inner peace and spiritual realization. The way to feel is looking beyond the form, which is only an outer reflection, to surrender and so feel the oneness with the whole and the Source. This is an invitation to an imaginary world of form, created by the sculptress, blending nature with creative imagination, expressing individuality.

Free Workshop – Saturday, 18:00 English & Greek, Aphrodite 2

**Paschalis Kazakopoulos & Frixos Christodoulou - Angels House University
Angelic Karma & DNA Release Workshop**

A dynamic workshop that sets you free from Karmic bonds through Archangel Michael. In this workshop we will cut all energetic bonds with persons, places, situations and all vows such as love, poverty, silence. A further clearing of Cellular Memory and Activation of DNA. A deep clearing from cellular memory from fears, wars, anger, memories and experiences from our ancestors.

Sunday

Free Workshop - Sunday - 11:15 - Aphrodite 3 - English

Susan Rudd - Angels For Everyone

This introductory workshop is about Angels - signs that let you know the angels are with you, a guided visualisation to connect with your Angel, plus exercises and activities to enable you to experience the unconditional love and support of the Angelic Realms in your life.

Sunday, 11:15, Aphrodite 2, English & Greek

Dr. (of Biology) Christothea Antoniadou - How To Stay Fit & Young Beginning With A Healthy Breakfast

In the morning we are often in a hurry and do not take the time for a healthy breakfast. Christothea will share some ideas about tasty, healthy and quick solutions featuring organic super foods that are excellent for healthy snacks. Christothea will answer your questions about food intolerance & allergies, diabetes & cholesterol, etc. and offer some new solutions. There will also be a short demonstration of how easily you can prepare some recipes and, of course, she'll offer you a taste! Dr. Christothea will be glad to see you there and at ZITRONE - The Healthy Food Store!

Sunday, 11:15, Health Centre, English

Barbara Jones - Discover the Secrets of the Crystal Singing Bowls

Learn how this fascinating healing method can help you. Absorb the healing energy of the beautiful sounds of the Crystal Singing bowls. This deeply relaxing, soothing experience will bring you truly into the beauty of the moment - right here, right now.

Sunday, 12:00, Aphrodite 2, Greek

Adonis Kostantinou - Feng Shui – Introduction to Authentic Feng Shui Presentation

Adonis Kostantinou is a student of Level C of Master Academy of Malaysia in International Relations (Political Philosophy) Feng Shui practitioner and owner of Pi Yao Feng Shui Shop.

Sunday, 13:00, Terrace, English

HeleniQ Argyrou – Mandala Interactive Presentation
Earth Rhythm Mandala

The drummers of Cyprus gather to focus healing rhythms into the earth. Arabian, African and Brazilian rhythms of life will be used to send strong intention to honour our earth. Join us for a moving and inspiring experience that will touch something deep inside you.

Talk - Sunday - 14:00 Aphrodite 3 - English

Helen Weeks - Your Hands Can Heal

Every single person is capable of using energy Healing to heal themselves, their families & their friends. This is an introduction to Pranic Healing, a very simple and extremely effective method of energy healing. You will actually feel the energy with your hands and you will see a demonstration on how quickly you can heal a simple pain.

Sunday, 14:00 Aphrodite 2 (English & Greek)

Konstantin Pavlidis - EPC - Evaluation Of Physical Health And Psycho-Emotional States

The EPC technique was developed by the Russian physicist Prof. Konstantin Korokov. He has dedicated his work to investigating the human mind, consciousness and the mind-body-spirit connection and has brought scientific rigour to the study of Kirlian photography and auras.

Sunday, 14:00, Health Centre

Anette Martinsen – Why Are We Here On Earth?

Have you ever wondered why we are here? Find out what we are all doing here. What are some of your lessons. Learn about your soul's journey and past lives. Find out how you can feel better while you are here.

Sunday, 15:00, Aphrodite 3

Dr. Igor Cetojevic-Beyond Expectations

Dr. Igor explains how the human body is made up of electronic vibrations, with each atom and element of the body having the electronic unit of vibration necessary for the sustenance of, and equilibrium in, that particular organism. Each unit, being a cell or a unit of life, has the capacity of reproducing itself. When a force in any system becomes deficient in its ability to reproduce its equilibrium, that portion becomes deficient in electronic energy and disease can result. Preserving balance preserves health.

Sunday, 15:00, Aphrodite 2, in Greek

Healing Fairies - Stavroula Loizou - of Healing Fairies
Holistic Therapeutic Action of Essential Oils

Sunday 15.00 Workshop, Terrace

Orestes Terzides and Amalia Pangopoulou - The Path Of Transfiguration

There is a golden thread that leads out of the labyrinth of our broken reality and towards the Truth. The School of the Golden Rosycross helps seekers form a living connection with this shining filament, which is woven of love, wisdom, knowledge (gnosis) and action.

Sunday, 16:00, Aphrodite 3

Suzanne Mitchell-Egan - On The Trail Of The Holy Grail

Much has been written about this mysterious and enigmatic story. Is the Grail, myth or fact. What is it and where is it now. Find out more.

Sunday, 16:00, Aphrodite 2

Shraga Halpern - Being A Lady, Being A Man - A New Approach to "The Enigma Of Two Genders"

Shraga Halpern is an international lecturer in the Human Behavioural Sciences and Self-development coach. She is a member of the "Plasma Team" Israel, teaching in the international personal coaching school "Resolve 357", with expertise in fascinating subjects like: The Anatomy of Stress, The 12 Pathways Of The Brain, The 5 Intelligences, Being A Lady, Being A Man And The Spectrum Character Analysis.